

This writing sample is an excerpt from a research paper I wrote for my Anthropology class 'Mass Media and Culture.' I researched female stereotypes in films and conducted my own analysis of three Oscar-nominated films and the top three grossing films from 2012.

### Women in Film:

#### Stereotypes of Female Characters in 2012

On November 6, four Swedish cinemas announced plans to grade movies with the Bechdel test (Swedish cinemas, 2013). People are taking notice and working to rectify the problems of the misrepresentation and the lack of representation of women in films. Women are not fully represented as diverse and complex characters in modern films; most female characters are only portrayed as gendered stereotypes. Common stereotypes are the helpless victim, the sex object, and the action heroine. If women are continuously depicted in films as these same stereotypes, people can leave films with skewed perceptions of women. I analyzed *The Impossible*, *Silver Linings Playbook*, *Zero Dark Thirty*, *The Dark Knight Rises*, *The Hunger Games*, and *Marvel's The Avengers*. The films were analyzed for their general portrayal of women and men and women's interactions.

The Bechdel test comes from Allison Bechdel's 1985 comic strip *The Rule* from the book *Dykes to Watch Out For* (Bechdel test, 2013). In the comic strip, one woman tells her friend that she has a rule about movies she watches: two named female characters must talk to each other about something other than a man (Bechdel, 1985). The comic strip then ends with the first woman commenting that

the last movie she saw was *Alien*, implying that it has been six years since a film has passed her test (Bechdel). Many films do not pass the Bechdel test, including huge successes such as *The Lord of the Rings*, *Star Wars*, and *Pulp Fiction* (Swedish cinemas, 2013). The comic strip and the Bechdel test have continuously shown that women are still outnumbered in films. But the problem of women's representation extends beyond just the number of female characters on the screen. The characterization of these characters must be considered as well. And typically, women are portrayed as simple stereotypes. Gilligan wrote that women in film exist "in a world of binary oppositions in which [they are] defined according to the 'other.' She is the good girl or the bad girl, the virgin or the whore, the 'tart with a heart' or the girl next door, the mistress or the dutiful wife" (1996, 18).

The most common female stereotypes (helpless victim, the sex object, and the action heroine) continuously appear in films today. However, they are not typically complete or accurate portrayals of real women. These representations of women are one-sided, unlike the complex, multi-faceted women that exist in the real world. I wanted to see how prevalent these stereotypes were in films from 2012. After carefully creating and revising a content analysis and questionnaire, I viewed and analyzed *The Impossible*, *Silver Linings Playbook*, *Zero Dark Thirty*, *The Dark Knight Rises*, *The Hunger Games*, and *Marvel's The Avengers*.

With varying degrees of success, all six films represented diverse female characters. The most complex female characters would be Tiffany from *Silver Linings Playbook* and Katniss from *The Hunger Games*. Tiffany displays a wide range of emotions as she deals with her grief and mental illness while befriending Pat in

the film. Her motives make sense and she does not rely on men. Likewise, Katniss from *The Hunger Games* also has a faceted personality and emotional range. Her motives and actions make sense in the situations she faces. She works together with people and forms relationships to survive the Hunger Games.

Maya from *Zero Dark Thirty* and Natasha from *Marvel's The Avengers* are fully competent in a 'man's world' and are portrayed as equal to or better than their male colleagues. Selina and Talia from *The Dark Knight Rises*, though both secondary characters, have motives and break from some gendered stereotypes. *The Impossible* is the least successful because Maria becomes silenced and passive in the second half of the film, though she is strong and active in the first half. Unfortunately, the viewers do not learn anything more about her beyond this.

For the most part, the analyzed films portrayed women positively. There were several complex, flawed women as main characters. Some of the female characters broke or transformed gendered stereotypes. A continuous thread in all of the films was the lack of women though. While the quality of the character is important, quantity is just as important. Women are half the population of the world, but apparently not half the population of the screen. This lack of representation needs to change.

Stereotypes come from assigning certain abilities and qualities to one gender. Assigning qualities and/or abilities based on gender limits people and society (Hills). The ability "to access a range of emotions, skills and abilities which have traditionally been defined as either 'masculine' or 'feminine'" dismantles stereotypes and empowers women (Hills, 39). There needs to be an emphasis on

multiple diverse characters from all areas of life. Chimamanda Ngozi Adichie easily defined the problem of female representation when she said, “The single story creates stereotypes, and the problem with stereotypes is not that they are untrue, but that they are incomplete.” Films with few women will only portray stereotypes. Multiple films with multiple women will present better and more full representations of women.

Through tests like the Bechdel rule, people have started to realize that women need better representation. However, there is still a long way to go. In the films I researched, there were positive portrayals of complex female characters, but there was still a severe lack in both quantity and quality of women. Though *The Hunger Games* is about a woman, there are only five named women compared to ten named men. This was the best ratio of all the films I analyzed and shows that there is still so much need for improvement. With better and more representation will come more nuanced views about women, both on screen and off.

## References

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